

Could your staff cope in an emergency?



Courses from under

£21

per person

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First Aid

Paediatric (Advanced) First Aid

2 Days

The course is comprehensive and designed for those who work closely with children. Course contents include:

- Principles & priorities of first aid
- Casualty assessment
- Practical resuscitation (Children & Babies)
- Airway complications
- Choking
- Recovery position
- Wounds & bleeding
- Broken bones
- Burns and scalds
- Common childhood illnesses

Paediatric (Basic) First Aid

4 hours

A popular introductory first aid course designed for parents, child minders and child carers. The course covers basic emergency procedures, resuscitation, choking, bleeding, broken bones, burns & scalds. Course contents include:

- Principles & priorities of first aid
- Casualty assessment
- Practical resuscitation (children & babies)
- Airway complications
- Choking
- Recovery position
- Wounds & bleeding
- Broken bones
- Burns and scalds
- Common childhood illnesses

Combined Paediatric & Appointed Person First Aid

1 Day

This combined course is very popular with schools and is designed to meet both the requirements under law to provide an appointed person for adult first aid and the essentials of first aid for children. Course contents include:

- Principles & priorities of first aid
- Practical resuscitation of the baby, child & adult
- Choking
- Recovery position
- Burns & scalds
- Fracture management
- Common illness & injuries to children
- Accident & statutory reporting requirements



Professional Development

Manual Handling for Child Carers

3 hours

For anyone who engages in any form of manual handling, with a particular focus on the handling of small children and babies. Delegates will learn the regulations, the responsibilities and common injuries associated with manual handling, together with practical manual handling techniques. Course content includes:

- Legislation
- Anatomy and physiology
- Common associated injuries
- Risk assessment and reduction
- Manual handling of small children & babies
- Communicating with a child
- Avoidance of bad practice when handling

Epilepsy Awareness Training

2 hours

An informative course designed to familiarise staff with the causes, triggers and treatment of the condition. It is designed so that staff have a raised awareness of the causes of epilepsy. The learning outcomes are suitable for both staff new to epilepsy care and for existing staff as an update. Course contents include:

- Causes of the condition
- Common triggers of a seizure
- Various forms of seizure
- Management of a seizure
- Maintenance of an epilepsy diary

Child Protection Training

3 hours

This course has been designed to provide staff with an introduction to Child Protection. The course will provide an understanding of responsibilities for safeguarding children and how to work safely as a team with the protection of young persons in mind. Course content also discusses how staff can protect themselves from unfounded allegations. Course content includes:

- Policy & procedures
- Where abuse happens and signs of abuse
- Physical abuse
- Emotional abuse
- Sexual abuse
- Neglect
- Behavioural indicators of abuse
- What to do if you suspect abuse
- Taking action

Health & Safety for Child Carers

2½ to 3 hours

For anyone involved in childcare and aims to inform delegates of their health and safety obligations. It provides information and training in the essentials of health and safety and also clear guidance on the importance of co-operating with the employer in order to improve health & safety and comply with the law. Course contents include:

- Legislation
- Summary of key regulations
- Risk assessments
- Manual handling
- Accident prevention and first aid
- Personal protective equipment
- The work environment and hazard spotting
- Fire safety

Health & Safety

Statutory Fire Training

2 hours

The seminar is aimed at providing training and information required by law to equip staff with the skills and knowledge to cope with an emergency or fire situation. The training also covers an overview of risk assessment and fire prevention methods. Course contents include:

- Causes of fire
- Fire prevention
- Providing and maintaining a means of escape
- Risk assessment
- Fire legislation
- Fire classification and equipment



Elementary Food Hygiene

6 hours

For all food handlers - those who prepare and serve food such as cooks, chefs and kitchen assistants.

- Introduction to Food Safety
- Legislation
- Food Safety Hazards
- Temperature Control
- Safe Food Storage
- Food Handlers
- Food Premises and Equipment
- Food Pests
- Hazard Analysis

Food Hygiene Awareness

3 hours

This course is a requirement for all food handlers and extends to all those who handle, store, prepare or serve food and beverages.

Course contents include:

- Food safety hazards
- Food storage
- Personal hygiene
- Cleaning
- Pest control
- Food safety regulations

Intermediate Food Hygiene

2 Days

This course provides the necessary information and instruction to effectively control the risk of food hazards within the workplace and subsequently reduce the risk of a food poisoning outbreak.